

EFFECTS OF LOW D3

i. **Mortality** People die sooner if they have low vitamin D – Nov 2014

Serum 25-hydroxyvitamin D, mortality, and incident cardiovascular disease, respiratory disease, cancers, and fractures: a 13-year population study. Vitamin D levels for this study were measured 17 years ago. – other studies show vitamin D levels have dropped a lot since that time. University of Cambridge, United Kingdom. November 2014 ajcn.086413. There are many results along these lines, low vitamin D & mortality rates increase fast. **For those with < 12 ng/mL compared to > 36 ng/mL**

35% increased chance of death

41% lower risk of respiratory disease

ii **Fatigue.** Low vitamin D is a major cause of fatigue that elderly people experience.

iii. **Body aches & pains.** Low "D3" levels is a major cause of aches & pain. Low "D" can lead to hyperparathyroidism which then results in body aches & CFS.

iv. **Osteoporosis.** Vitamin D plays a pivotal role in the health of bones. Low levels leads to weakening of bones.

v. **Falls.** "D" is important for muscle health, joints & bones & causes weakening if at low levels. Consequently some deficient in "D" often fall causing fractures, some like hips that never heal, destroying their quality of life completely.

vi. **Heart Disease.** Vitamin D deficiency increases odds of having Coronary heart disease. Sudden cardiac arrest 6X worse outcome if low vitamin D – Nov 2014 vii. **High Blood Pressure (Hypertension)** Low "D" is known to increase blood pressure by activating the Renin-Angiotensin Aldosterone System. Most elderly have poor "D" levels & consequently have higher blood pressures.

viii. **Cancer.** Most elderly perhaps fear cancer the most as it is prevalent in old age. "D3" deficiency is now recognised as a major risk factor in cancer causation, especially the 3 majors of old age inc colon, breast & prostate cancers.

xi. **Depression.** An extremely common problem in old age & low "D" levels major cause.

x. **Memory loss & Dementia.** "D3" is incredibly important for our brain. Cognitive decline is associated with low vitamin D. levels. 19X more likely if < 10 ng/ml of vitamin



Seniors Skin: Known as Thin Skin, Weak Skin &/or Fragile Skin

People first experience thin skin over the age of 60 and it gets worse the older we get. Thinning skin can be very easily lacerated or torn by just a minor accidental bump against something hard. We have found that on average people in this age group experience nearly 2 skin tears per year. Collagen and elastin production slows down, making skin drier and less pliable. In addition to the discomfort of extremely dry thin skin, many seniors become upset at the appearance of their skin. – Probably the worst result of all from such a minor bump is the loss of confidence; sufferers become very afraid of repeat injury. Moving around the house becomes a risky experience, gardening, playing sport are often avoided with other consequences to our health. Juventus Skin Serum encourages the dermal layer of skin to replace its lost collagen, literally toughening or protecting skin like a shock absorber. As wrinkles disappear the collagen layer is rebuilding.

Juventus for Transdermal vitamin D absorption

Research on transdermal vitamin D3 absorption shows it's very advantageous but it's not a new way to get vitamin D into the body, nature has done this from the beginning, using the sun. Trials shows that transdermal vitamin D3 absorption is just over 5 times more absorbable than oral vitamin D3. This method of vitamin D3 adsorption, using a combo of powerful cosmetic compounds makes your health protection an integral component of your beauty & skin care regime.

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JUVENTUS SKINSERUM

The benefits of Juventus is great looks & health...

In a world that is increasingly sensitive to chemicals & additives it's good to know something is pure & beneficial.

With the purity of Juventus we can increase vitamin D3 levels to prevent medical problems associated with Autism & Dementia. Wrinkles & stretch marks fade, health improves & we stay young.

Please spread the word.

The BEST way to increase vitamin D3 levels for all the health benefits while Protecting skin from wrinkles, stretch marks & staying young.

Vitamin B12 Benefits For Skin:

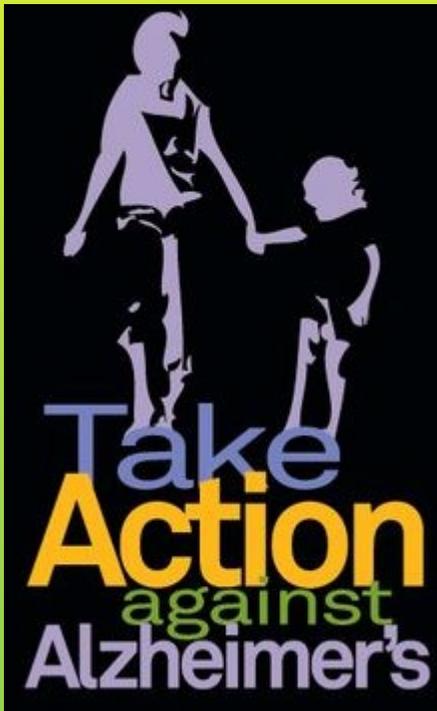
Prevents Dull Skin: If you are suffering from chronic skin issues or if you are having dull and unhealthy complexion, there might be a possibility that you are suffering from Vitamin B12 deficiency.

Prevents Drying: When applied, Vitamin B 12 improves the balance, texture and moisture retention of the skin. Thus it protects the skin from drying.

Heals Skin: Vitamin B12 also helps to heal damaged skin and evens out skin tone. Vitamin B 12 helps to regulate the skins pigment and location thus prevents hyper-pigmentation which causes excess darkening of the skin. It lessens skin pigmentation to a great extent.

Cell Formation: Vitamin B12 controls cell formation and cell life span. It gives the skin healthy colouring. Pale skin is a sign of poor circulation, malnutrition and Vitamin B 12 deficiency. Vitamin B12 helps you regain your inner glow.

Keeps Skin Young: One of the most important features of Vitamin B12 is its ability to maintain youthfulness of the skin. We all love smooth and supple, baby skin, but lack of Vitamin B12 can lead to premature lines and wrinkles. This anti-ageing property of Vitamin B12 is one of its most prime aspects.



Vitamin E

Also known as alpha-tocopherol, vitamin E is considered to be a wonder drug. Besides its ability to treat problems pertaining to heart, varicose veins and high blood pressure, it is extremely beneficial for proper nourishment and development of healthy skin and hair. **Vitamin E For Skin:**

Regular application of vitamin E oil on the skin improves the texture of the skin and helps to get rid of various skin problems. The restorative property of this oil has been scientifically proven. It is no wonder then that all the top manufacturers of skin care products use this oil as one of their main ingredients.

Skin Moisturizer:

Vitamin E oil being a great skin moisturizer can be a healthy substitute for lotions that are loaded with ingredients like alcohol and other chemicals which, in the long run, can strip your skin off its natural moisturizers. However, application of pure vitamin E oil should be avoided as it is thick and sticky. Bedtime application of oil is ideal for the healing and preservation of skin. This oil when mixed with equal amounts of vitamin E oil is most suited for application during bedtime.

Anti-Aging Benefits: As skin ages, the turnover of cells and production of collagen in them begins to slow down, causing it to lose its firmness and elasticity. An unhealthy diet, pollution and exposure to chemicals further trigger the process of aging, making the skin look saggy and dull due the appearance of fine lines and wrinkles. Owing to the presence of powerful antioxidants in vitamin E oil, regular application of this oil on the face not only helps in smoothening out the fine lines and wrinkles but it thwarts the chances of their occurrence in the future as well. Thus, it keeps skin tight and firm.

Cleansing Agent:

Vitamin E oil is a 'universal cleanser' as it suits all skin types. Dirt, grime, dead cells and debris that get accumulated on the top layer of the face, make it look dull and tired. Rubbing a few drops of Juventus onto the face with it twice a day has a deep cleansing effect on the skin, thereby imparting it a radiant glow.

Sharing the gift
of health

Benefits of Aloe Vera for Skin

Moisturize: Because aloe vera possesses excellent moisturizing capabilities it is commonly used as a daily skin cream. It is excellent for facial use, especially for women who use makeup frequently, as it effectively cleans and softens the skin. The moisturizing effect works for both men and women.

Fight Skin Aging Applying aloe vera gel to your face regularly will help to diminish the lines and wrinkles associated with ageing and loss of elasticity in the skin. This is due to the simple fact that aloe vera contains both vitamin C and E, both of which are known to be vital for healthy skin and also help to improve natural firmness, leaving your skin plump and hydrated.



VINANZA Anti-oxidant.

The **Vinanza** grape is a special ingredient found in some of the best natural skin products that exist. It has been shown to contain some of the highest antioxidant levels ever detected by science. It is produced by extracting from the seeds of premium Marlborough sauvignon blanc grapes grown in the nourishing New Zealand sunshine. Clinical testing has shown a range of proven benefits resulting from use of this **Vnanza** grape.

Beauty and skincare products utilizing the **Vnanza** grape have a wide range of benefits for the user. One of the most valued applications for it is in the field of anti-aging. Products containing the grape have been shown to have a significant anti-wrinkle effect. One of the main aims within skin-care is to maximize the levels of moisture and elasticity contained by the skin. As people age, & collagen levels decrease, skin becomes less elastic can also appear very dry. Combating these effects by increasing moisture and elasticity is a great way for people to look. Products containing the **Vinanza** grape are known to help seal in the skin's natural moisture which helps ensure a youthful appearance.

Skin that appears uneven or rough can be a source of personal discomfort and distress for people who suffer from it.

The **Vinanza** grape can help combat these problems by smoothing out the skin's texture and appearance. The grape is also antibacterial which means it can be applied on infected or irritated skin without causing damage.

